

## Going the extra mile

# USING A NERVE BLOCK PROTOCOL FOR HIP FRACTURE PATIENTS

### Keys to success

- Begin early collaboration with orthopedics, pharmacy, and your nursing staff.
- Confirm hip fracture with a radiograph
- Place patient on a cardiac monitor during the procedure.
- Obtain consent.
- Perform the necessary preoperative screening for all hip fractures (below).
- Apply inclusion criteria:
  - hip or femur fracture patients (all ages)
- Apply exclusion criteria:
  - multisystem trauma
  - neurologic deficit
  - allergy to local anesthetic
- Follow a best practice document (this should include a standardized anesthetic weight-based dose and the materials needed).
- Administer long-acting anesthetic using ultrasound guidance (e.g., bupivacaine 2 mg / kg).
- Celebrate the improved patient care and outcomes with your patients and your team.

