

Going the extra mile

AVOIDING CONSCIOUS SEDATION

Ramifications of conscious sedation

- Resources (nursing, medication, space, time, cost)
- Delirium
- Post-sedation agitation
- Medication side effects (narcotics, sedatives)
- Hypoxia and respiratory failure (intubation, death)
- Documentation

Clinical instances where ultrasound-guided local anesthesia can avoid conscious sedation:

- shoulder dislocation reduction
- abscess drainage
- elbow dislocation reduction
- foreign body removal
- ambulatory surgical procedures
- fracture reduction

