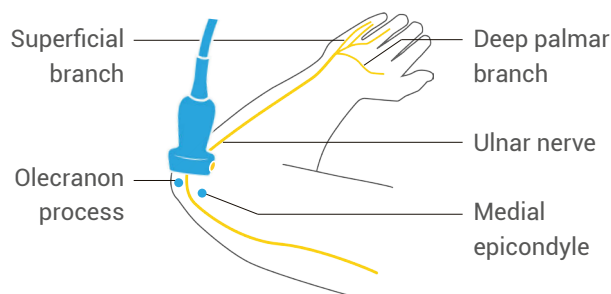


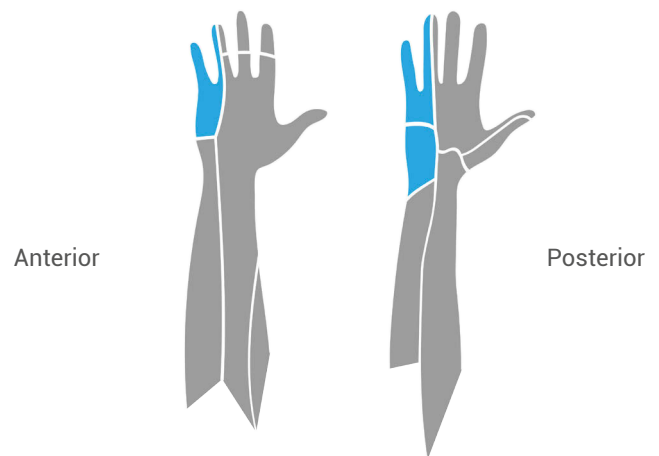
Mastering upper extremity nerve blocks

PERFORMING AN ULTRASOUND- GUIDED ULNAR NERVE BLOCK

Probe position



Distribution



Perform this block with 5–10 mL of anesthetic and choose a short- or long-acting agent depending on how long you want your block to last. After locating the ulnar nerve within the cubital tunnel by connecting the dots (placing your linear ultrasound probe between the medial epicondyle and olecranon), simply slide your probe distally. Now, aim to hydrodissect the ulnar nerve.

The ulnar nerve block is quite effective for the following circumstances:

- fracture of wrist (pain relief and reduction)
- fracture of fifth metacarpal (boxer's fracture)
- laceration repair
- foreign body removal

