

## Pain in the neck

## RECOGNIZING THE COMPLICATIONS OF NECK NERVE BLOCKS

## Typical complications (of any nerve block)









Bleeding

Nerve injury

Pain

**Serious complications** 

- Vascular puncture (these vessels can be harder to compress if punctured)
- Lung puncture (pneumothorax)

- Diaphragm paralysis
- Local anesthetic systemic toxicity (L.A.S.T.)



Vascular puncture



Lung puncture



Diaphragm paralysis

## **Avoid these complications**

- Develop a routine and prepare your room / patient.
- Go slowly.
- · Always identify the pleural line and lung sliding.
- · Always use ultrasound.
- Do these procedures in-plane.