

Introducing nerve blocks

LEARNING THE ART OF HYDRODISSECTION

Hydrodissection describes the concept of surrounding your nerve target with anesthetic. The goal is to make the nerve look like an island in an ocean, once the procedure is finished.

Tips to hydrodissect

- Go slowly.
- Do this in-plane.
- Sometimes, by injecting very small amounts of anesthetic, you can find your needle tip easier and creep up to the nerve.

Why hydrodissect?

- This will ensure you are not injecting into the nerve itself, thus reducing the risk of nerve injury.
- Improves the chances the block will be successful.

