

HYPOTHYROIDISM

Identifying iatrogenic causes of hypothyroidism

It is important to know if a patient is hypothyroid due to thyroid surgery or radioiodine ablation.



Treatment is the same, but management of their underlying thyroid disease may be different.

If surgery was for thyroid cancer, patients need lifelong surveillance to monitor for recurrence.
If surgery or ablation was for Graves' disease, there is a small chance of recurrence, so thyroid lab tests should be monitored regularly.
If treatment was for benign disease, no additional monitoring or treatment is needed.



***Make sure you get a good history
from your patients!***