

## **Chest compressions**

# CONSIDERING MECHANICAL CIRCULATORY SUPPORT

Mechanical circulatory support devices may help support patients as a bridge to recovery or additional interventions, like cardiac catheterization or transplant. There are a variety of devices available, including left- and / or right-ventricular assist devices and extracorporeal membranous oxygenation (ECMO). Veno-arterial support bypassing the lungs must be oxygenated (extracorporeal oxygenation).



Extracorporeal membrane oxygenation devices

These devices have several important considerations, and are resource-intensive, so they should be used selectively and in concordance with institutional guidelines. Some common considerations are listed below.

## **ECMO**

#### Indications

#### 1. Cardiogenic shock

- Severe heart failure (e.g., myocardial infarction, myocarditis, peripartum cardiomyopathy, hypothermia)
- Refractory ventricular tachicardia / ventricular fibrillation
- Toxicologic ingestion

#### 2. Cardiopulmonary failure

Massive pulmonary embolus

#### 3. Respiratory failure-reversible condition (e.g., influenza, etc.) or as bridge to transplant in patient on list

- Hypoxic respiratory failure
- Hypercarbic respiratory failure
- Massive air leak

### **Relative contraindications**

- 1. Advanced age
- 2. Trauma
- 3. Septic shock
- 4. Advanced dementia / brain damage / severe prior stroke
- 5. End-stage renal disease on dialysis
- 6. Bleeding diathesis
- 7. Recent or expanding CNS hemorrhage
- 8. Terminal malignancy
- 9. Decompensated cirrhosis
- 10. Vasculature technically inaccessible
- 11. Mechanical ventilatin > seven days
- 12. Aortic insufficiency