



How do I wean my patients with a tracheostomy?









Weaning after prolonged mechanical ventilation

TIPS protocol

Up to 3 steps per day at 4-hour intervals.

If patient is breathing comfortably at the 9th step, a slow-paced, spontaneous breathing trial can be started.

Up to 2 steps per day.

After completion of daily steps, put back on step 9 for rest of day.

If patient is breathing comfortably after 19th step, they can be removed from ventilator.

Reduce to SIMV:

Step 1: AC to SIMV of 10/min and PS of 20

Step 2: SIMV of 8/min and PS of 20

Step 3: SIMV of 6/min and PS of 20

Step 4: SIMV of 4/min and PS of 20

Reduce the pressure support (PS):

Step 5: SIMV of 4/min and PS of 18 Step 6: SIMV of 4/min and PS of 16

Step 7: SIMV of 4/min and PS of 14

Step 8: SIMV of 4/min and PS of 12

Step 9: SIMV of 4/min and PS of 10

↓ 4 breaths/min (SIMV)

SBT: Reduce to CPAP of 0 and PS of 0 and monitor for.

Step 10: 1 hour

Step 11: 2 hours

Step 12: 4 hours

Step 13: 6 hours Step 14: 8 hours

Step 15: 10 hours

Step 15: 10 hours Step 16: 12 hours

Step 17: 16 hours

Step 18: 20 hours

Step 19: 24 hours



