

# Hepatitis A virus infection

# UNDERSTANDING THE PATHOGENESIS AND COURSE OF HAV INFECTION

### Profile

Hepatitis A virus (HAV) is a non-enveloped single stranded RNA-virus.

**Genus**: Hepatovirus **Family**: Picornaviridae

### Prevalence





### **Transmission**

Fecal-oral: consumption of contaminated food or water Person-to-person: household contact

# **Pathogenesis**

After transmission, the virus replicates in the cytoplasma of hepatocytes. With the help of the HLA system the immune system recognizes this alien attack. As a result, B lymphocytes induce the production of specific immunoglobulin M (IgM) antibodies against hepatitis A virus.

Shortly afterward, plasma cells produce specific immunoglobulin G (IgG) antibodies against hepatitis A virus. This immune activation leads to the damage and destruction of hepatocytes, which results in the clinical symptoms of HAV.



# **Clinical course**

Incubation period: 2–8 weeks Resolution: yes



# Predictors of disease progression

There is no chronification of HAV infection and thus no progression to liver cirrhosis or liver cancer. Resolution of infections leads to lifelong immunity.



#### Further Reading

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Matheny, SC and Kingery, JE. 2012. Hepatitis A. Am Fam Physician. 86: 1027-1034.