

Relative risk

	Diseased	Non-diseased	Incidence rates
Exposed	A	B	$\frac{A}{A+B}$
Non-exposed	C	D	$\frac{C}{C+D}$

Relative risk (RR) calculation

$$\text{Relative risk (RR)} = \frac{\text{Risk in exposed}}{\text{Risk in non-exposed}} = \frac{\frac{A}{A+B}}{\frac{C}{C+D}}$$

RR interpretation

- = 1** Risk in exposed = Risk in non-exposed
No association
- > 1** Risk in exposed > Risk in non-exposed
Exposure = Risk factor
- < 1** Risk in exposed < Risk in non-exposed
Exposure = Protective factor

	Develop MI	Don't develop MI	
Smokers	16	3984	4000
Non-smokers	6	5994	6000

Smokers: $\frac{16}{4000} = 0.004 \times 100,000 = 400 / 100,000 / \text{Year}$

Non-smokers: $\frac{6}{6000} = 0.001 \times 100,000 = 100 / 100,000 / \text{Year}$

$$\text{RR} = \frac{400}{100} = 4 \quad 4 > 1 \quad \text{Exposure = Risk factor}$$

Interpreting the data of a table or figure correctly: The comparison group is the one with a RR of one.

	Incidence	RR
<u>Non-smokers</u>	100	1
<u>Passive smokers</u>	200	2
<u>Smokers</u>	400	4

