

RHYTHM CHEAT SHEET

		Initial question		Answer		Additional question	Rhythm diagnosis
	ew	1	Is it sinusrhythm and heart rate < 100/min?	N	Y		Sinus rhythm
	First quick view	2	Can you recognize a "rhythm at a glance"?	N	Y		Ventricular fibrillation Ventricular flutter Atrial flutter Pacemaker
_	Rapid and regular	3	Is the rhythm rapid & regular?	N	Y	QRS duration ≥ 0,12 s	Ventricular tachycardia Atrial tachycardia with BBB
						QRS duration ≤ 0.1 s	Sinus tachycardia Atrial tachycardia Atrio-ventricular reentry tachycardia (AVRT) AV nodal reentry tachycardia (AVNRT)
	Zoom in to P wave	4	Are the P waves neg. in II, III and aVF?	N	Y	P preceding QRS?	"Upper" junctional rhythm
						P following QRS?	"Lower" junctional rhythm
		5	Are the P waves absent or doubtful?	N	Y	QRS totally irregular?	Atrial fibrillation (AF)
						QRS regular?	"Mid" junctional rhythm AF + 3rd deg. AV block (AVB)
ı	Zoo	6	Are there too many P waves?	N	Y	PR constant?	2nd deg. AVB Mobitz Type II
						PR varying QRS regular	3rd deg. AV block
						PR varying QRS irregular	2nd deg. AVB Mobitz Type I
		7	Do you see a rhythm switch?	N	Y		Which rhythms are present?
		8	Do you see premature beats?	N	Y	Preceding premature P?	Supraventricular premature beat (SPB)
	Basic rhythm interrupted	0	Do you see premature beats:	IN		No preceding premature P?	Ventricular premature beat (VPB)
		9	Do you see a remarkable pause?	N	Y	Following ventricular premature beat?	Compensatory pause
						After termination of TC?	Preautomatic pause
						"Empty" pause	SA (sinoauricuar) block
						Containing premature P?	Supraventricular premature beat + AV block
						Terminated by a QRS with a different shape than the rest of the QRS complexes	Escape beat

In case of rhythm switch go back and evaluate the second rhythm